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The Cheeky Skinny Vegan Diet: 21 Days Celebrity Detox & Diet Plan - Nutrition, Diet And Lifestyle Secrets

by Bijou Blevins

The Cheeky Skinny Vegan Diet

21 days Celebrity Detox & diet plan



HEALTHY EATING & LIFESTYLE GUIDE
"WHAT YOU EAT IN PRIVATE EVENTUALLY IS WHAT YOU
WEAR IN PUBLIC"



Synopsis

The Cheeky Skinny Vegan Diet is a book that would take you through 21 days vegan dieting where you get to know the truth about foods, how you can enjoy them and their connection to the skinny world. It is more about a lifestyle rather than a traditional diet.

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